



2018
SLSCC Mingara
Pool Rescue Challenge

Mingara One Aquatic Centre

Friday 21st September 2018

Age groups are as at 2017/2018 season

Entries close on 9am Tuesday 18th September 2018

Marshalling at 6.20pm

Commencing at 6.30pm

Introduction

We are pleased to announce the Surf Life Saving Central Coast Mingara Pool Rescue Challenge, will again be conducted at Mingara One Aquatic Centre on Friday 21 September 2018 with a number of great prizes being awarded on the night.

With the challenge designed around team events in a fun filled environment, all Central Coast clubs are strongly encouraged to participate.

All clubs competing will win a prize!

1. Events and Rules

The Pool Rescue Challenge events will be conducted in accordance with the 35th Edition SLSA "Surf Sports Manual" and any amended SLSA bulletins. SLSA has adopted specific sections of ILSF Pool Rescue Rules and equipment as the standard for the conduct of its Pool Rescue Competition.

SLSCC will not be introducing the U11 age group to the Pool Challenge.

The ILS Competition Manual is published at: www.ilsf.org.

Event No.	Event Description		
1.	Obstacle Swim	100m	
2.	Obstacle Swim Relay	4 x 50m	(including U12's)
3.	Manikin Carry	6 x 25m	(including U12's)
4.	Manikin Carry with Fins	100m	
5.	Manikin Carry	50m	(male only)
6.	Medley Relay	4 x 50m	(rescue tubes)
7.	Manikin Tow with Fins	100m	(female only)
8.	Body Board Relay	8 x 50m	
9.	Swim with fins	50m	(female)
10.	Swim with fins	50m	(male)

Please Note: All events are restricted to one entry per club per event.

2. Event Composition

a) Teams entering the following events must comprise the following:

- Obstacle Swim Relay (Event 2) 6 x 50m
- Two U12 swimmers (male and female)
 - Two Junior swimmers
 - One Male
 - Two Female

- Manikin Carry (Event 3) 6 x 25m
- Male and female swimmers
 - Two U12 swimmers must be included
 - U12 to carry the brick first
 - 3rd competitor starts with the manikin

Medley Relay (Event 6) 4 x 50m

- Two Male swimmers
- Two female swimmers
- One swimmer must be a Master (male or female)

Body Board Relay (Event 8) 8 x 50m

- Two U12 swimmers (male and female)
- Two Junior swimmers
- One Male
- One Female
- One Master
- One other

- b) A master competitor (male or female) must participate in at least one of the 8 events. This must be detailed on the entry form.
- c) The composition of competitors for all other events is left to the discretion of team managers.

3. Team Composition

- a) Each team shall comprise of a maximum of 8 competitors:

The team must include:

- Two U12 members (one male and one female)
- Two U13 or U14 members (one male and one female)
- One master (male or female)
- U15 to Open (remaining members)
- Minimum of Three females

- b) Each club are also to nominate Two Officials, One Team Manager and One Work Party. These members must be included on the carnival entry form used for the Pool Rescue Challenge.
- c) Work party members will be required to assist in the pool with movement of obstacles, etc

4. Restrictions

- a) All events shall be contested by teams representing affiliated Central Coast Surf Life Saving clubs only.
- b) All competitors must be financial members of Affiliated Central Coast Surf Life Saving clubs.
- d) Club competition cap or Club swim cap must be worn.

5. Competition Eligibility

- a) Current Financial member of SLSA
- b) Meet proficiency requirements for the previous season as a minimum.

(SLSA Policy Statement 5.4 Proficiency and Patrol Hour Requirements for Competition Eligibility)

Surf Life Saving Central Coast reserves the right to identify members from some or all entries, and ask the respective Club to examine the eligibility of these members.

6. Close of Entries

- a) Club entries close with Surf Life Saving Central Coast on 9am Tuesday 18 September 2018 and clubs will be invoiced after the event.
- b) Late entries will not be accepted.

7. Entry Forms/Fees

- a) The Entry Form is attached for the Pool Rescue Challenge and must be completed and returned to Julie-Ann at support@slscc.com.au by the closing date on 9am Tuesday 18 September 2018
- b) An additional copy of the Entry Form must be presented on the night to the referee steward.
- c) **Entry Fee** per club entered is \$200.00 (plus GST).
- d) **All age groups are as at 2017/2018 season.**

8. Judging

All places are calculated based on time clock finishes.

9. Prizes and Pointscore

- a) All clubs will receive a prize via a random draw for competing in this event.
- b) The point score for this Challenge event will be calculated on the basis of the following point allocations:

1 st	15 points	7 th	9 points	13 th	3 points
2 nd	14 points	8 th	8 points	14 th	2 points
3 rd	13 points	9 th	7 points	15 th	1 point
4 th	12 points	10 th	6 points		
5 th	11 points	11 th	5 points		
6 th	10 points	12 th	4 points		
- c) Each competitor and official will receive a T-shirt on the night.

10. Scrutineering

Random scrutineering of all swim fins, body boards and rescue tubes may be conducted prior to the start of competition

Specifications for this equipment are detailed in the ILS Competition Rulebook 2015-2019 Edition (English)

http://www.ilsf.org/sites/ilsf.org/files/Sports/Rules/98ILSCompetitionRuleBook2015-2019_FINAL.pdf

Clubs must supply their own equipment – Body Board, Fins and Rescue Tubes.

11. Pool Entry

Pool entry will be free only to Team competitors, manager, officials and work party. Club supporters will be charged spectator entry by Mingara One.

SLSCC will be providing Mingara One the team entry forms for club members to mark off.

12. Pool Seating

All competitors (unless competing or marshalling) and spectators will be required to be seated in the stand. Only officials and team managers will be permitted on the pool deck.

13. Program

6.00pm: Officials Briefing – Outside lawn area with the Deputy Referee or Officials Manager.

6.00pm: Team Managers – Outside lawn area with Event Referee.

6.05pm: Work Force Report – Pool deck by wading pool.

6.10pm: Scrutineering – Outside lawn area with scrutineer

6.20pm: Event Marshalling – Event 1 only

6.30pm: Event Marshalling – Event 2 only

Note: All Marshalling will at the Pool Deck by the Hydrotherapy Pool as announce

