



**Surf Life Saving Central Coast
U17 - Open - Masters Full Carnival
Umina 15th January**



WATER 1 - Male	WATER 2 - Female	BEACH
Officials Briefing – 6.45am Sand Marshalling at 7.00am		
Start at completion of Beach	Start at completion of Beach	7.15am Start
Surf Race and Surf Teams	Surf Race and Surf Teams	2km Run
Masters in 10 year increments	Masters in 10 year increments	1km Run
U17	U17	
Opens	Open	Sprints
		Masters in 10 year increments
Board Rescue	Board Rescue	U17
Masters in 10 year increments	Masters in 10 year increments	Opens
Open	Open	
1 Open / 1 Master	1 Open / 1 Master	Beach Relay
		Masters in 10 year increments
Board	Board	U17
Masters in 10 year increments	Masters in 10 year increments	Opens
U17	U17	
Opens	Opens	Beach Flags
		Masters in 10 year increments
Single Ski	Single Ski	U17
Masters in 10 year increments	Masters in 10 year increments	Opens
Open	Open	
U17	U17	
Double Ski M & F	Board Relay	
Masters in 10 year increments	Masters in 10 year increments	
Open	Open	
1 open / 1 Master	Open/Masters	
Board Relay		
Masters		
Open		
Open/Masters		
Single Ski Relay	Single Ski Relay	
Masters in 10 year increments	Masters in 10 year increments	
Open	Open	
Open/masters	Open/masters	
Taplin	Taplin	
Open 3 person	Open 3 person	
Masters 3 person	Masters 3 person	
Iron person	Iron Person	
Masters in 10 year increments	Masters in 10 year increments	
U17	U17	
Opens	Opens	

NOTE: All events are subject to change due to conditions on the day and/or by direction of the Carnival Referee