

Audience: All Members, Club Presidents, Directors of Administration and Directors of Surf

Sports

Thursday 22nd December 2022 Date:

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Summary	Information regarding SLSCC Lifesaving Championships.
Objective	Provide clubs with the information needed to enter their members in the above mentioned branch championship carnivals.
Action	Clubs are to canvas members for entry and complete entries via SEMS

2022/2023 Surf Life Saving Central Coast Lifesaving Championships

First Aid Championships

Saturday 21st January 2023 - 9:30am - North Entrance SLSC Entries open on Friday 6th January 2023.

ENTRIES CLOSE – Wednesday 18th January 2023

Patrol Competition

Friday 27th Jan 2023 - 5:30pm to 9:30pm - Ocean Beach SLSC Sunday 29th Jan 2023 - 7:00am - Umina SLSC Entries open on Friday 6th January 2023.

ENTRIES CLOSE – Wednesday 25th January 2023

Champion Lifesaver

Friday 27th Jan 2023 - 5:30pm to 9:30pm - Ocean Beach SLSC Sunday 29th Jan 2023 - 7:00am - Umina SLSC Entries open on Friday 6th January 2023.

ENTRIES CLOSE – Wednesday 25th January 2023

ALL ENTRIES TO BE DONE VIA SEMS

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SECTION A – EVENTS

The following Championship Events shall be conducted as per the 37th revised edition of the SLSA Surf Sports Manual and any amending and clarifying Bulletins. www.sls.com.au

A1 FIRST AID COMPETITION EVENTS

Date: Saturday 21st January 2023 Location: North Entrance SLSC Competitor Age Category:

> Open Mixed Under 14 Mixed Under 15 Mixed Under 17 Mixed Under 19 Mixed

A2 CHAMPION LIFESAVER

Date: Friday 27th January 2023 and Sunday 29th January 2023 Location: Ocean Beach SLSC (Friday) and Umina SLSC (Sunday) Competitor Age Category:

Under 14 Male
Under 14 Female
Under 15 Male
Under 15 Female
Under 17 Male
Under 17 Female
Under 19 Male
Under 19 Female
Open Male
Open Female
30-39 Male
30-39 Female
40 + Male
40 + Female
50 + Male

A3 PATROL COMPETITION

Date: Friday 27th January 2023 and Sunday 29th January 2023 Location: Ocean Beach SLSC (Friday) and Umina SLSC (Sunday) Competitor Age Category:

Open Mixed Under 17 Mixed

50 + Female









SECTION B - ENTRY CONDITIONS

B1 MEMBERSHIP

All competitors entered into these Championships must be financial and have completed SLSA approved membership forms, to register as members of the club for which they are entered.

B2 PROFICIENCY and PATROL REQUIREMENTS for ALL COMPETITORS

All Competitors must meet the requirements set out in SLSA Policy 5.4 PROFICIENCY AND PATROL HOUR REQUIREMENTS FOR COMPETITION ELIGIBILITY on www.sls.com.au.

NOTE: THE HOURS STIPULATED ARE ABSOLUTE AND MINOR SHORTFALLS WILL NOT BE ACCEPTABLE.

Surf Life Saving Central Coast reserves the right to conduct random or detailed audits of entries and under such circumstances, the selected clubs will be required to submit appropriate documentation to substantiate the eligibility of those members entered.

B3 RESTRICTIONS AND PROVISIONS

The following restrictions shall apply in regard to nominations and competition in the various events:

- a. All events shall be contested by teams and individuals representing Clubs only.
- b. Notwithstanding the provisions of "Substitution of Competitors" as provided for under General Competitive Conditions in the 36th revised edition of the SLSA Surf Sports Manual, it shall be possible for a club, in the event of the withdrawal of any member of a team, to replace such member of the team.
- c. Champion Lifesaver competitors may only compete in their own age group for the 2022-23 season.
- d. Patrol Competition shall be conducted in the Open and Under 17 age categories.

Open Patrol Competition shall consist of 6 members per team as follows:

- i.Each member is proficient Bronze medallion awardee and is proficient Advanced Resuscitation Techniques Certificate holder;
- ii. Additional, at least One member is proficient IRB Driver Certificate awardee;
- iii. Additional, at least one other member is proficient IRB Driver and/or Crew Certificate awardee.

Under 17 Patrol Competition shall consist of 4 members per team as follows:

Each member is proficient Bronze medallion awardee and is proficient Advanced Resuscitation Techniques Certificate holder

There is no requirement for IRB qualifications as the use of the IRB is not included in the Under 17 event.

- e. Surf Life Saving Central Coast (SLSCC) reserves the right to invite or decline entries from competitors and club teams from outside the Branch to compete in any event at the Central Coast Patrol Competition, Champion Lifesaver or First Aid Championship.
- f. Where a competitor or club team from outside the Branch enters and competes in an event, no medals or points will be awarded.
- g. All competitors and club teams from outside the Branch must gain clearance from their governing body to compete at the Central Coast Patrol Competition, Champion Lifesaver or First Aid Championship. This must be submitted to SLSCC prior to competition.

B4 CARNIVAL OFFICIALS, ASSESORS & PATIENTS

To ensure that sufficient personnel are available for Patrol Competition, Champion Lifesaver or First Aid Championship, a quota system will be implemented whereby clubs must provide accredited officials (non-competitors) at the ratio of:

a. One qualified official (Level 1) per club per 10 individual competitors or 5 teams, per day of each event. Officials for First Aid Championship can also hold Advanced Resuscitation Technique Certificate.



Requirements for 2022/23 are as follows

- Champion Lifesaver:
 - Clubs must bring their own manikin
 - Each competitor needs 1 live patient per competitor. The patient may be re-used amongst team members.
- o Champion Patrol
 - Clubs must bring their own manikin
 - Clubs must bring 1 live patient per team
- o First Aid
- No Manikin requirement
- Clubs must bring 1 live patient per team

Note: If competitors are sharing a manikin (from the same club only) it is their responsibility to ensure the manikin is cleaned before it does to another competitor for use

NOTE: Clubs who do not comply with the above requirements will not be permitted to start in these championships until they satisfy these conditions of entry.

B5 HI VIS SAFETY VESTS

The fluorescent **FREEMASONS SPONSORED** competitor safety vests from SLSCC, will be mandatory for all competitors to wear in all water events. No other vest will be accepted for competition under any circumstances.

B6 COMPETITOR EQUIPMENT

Each Competitor/Team shall provide as a minimum the following equipment for each event. All equipment used shall meet SLSA specifications.

a. **Patrol Competition:**

Competitors to wear Patrol uniform and Club competition cap

- i.1 x rescue board or Malibu racing board
- ii.1 x rescue tube.
- iii.1 x first aid kit (refer Appendix C SLSA Surf Sport Manual)
- iv.1 x pair of swim fins (optional)
- v.1 x Air Bag Oxygen Resuscitation unit (Air Bag)
- vi.1 x Automated External Defibrillator (AED) Trainer
- vii.1 x adult resuscitation manikin
- viii.2 x (at a minimum) SLSA approved IRB lifejackets (Open teams only)

b. Champion Lifesaver

Competitors to wear Costumes and Club competition cap and comfortable attire

- i.1 x rescue board or Malibu racing board
- ii.1 x rescue tube
- iii.1 x pair of swim fins (optional)
- iv.1 x adult resuscitation manikin

c. First Aid Championship

Competitors to wear matching uniforms and Club competition cap

- i.1 x first aid kit (contents as per 37th edition of the SLSA Surf Sports Manual)
- ii.1 x personal first aid kit (bum) bag optional

B7 START TIMES

a. First Aid

Saturday 21st January 2023 - North Entrance SLSC

8.30am: Officials/Assessors/Patients meet at the club house

8.45am: Team Managers meeting / Registration at the club house

9.00am: Competitors report

9.30am: Competition Start

b. Champion Lifesaver/Patrol Competition:

Friday 27th January 2023 – Ocean Beach SLSC – Theory + CPR

5.30pm - 7.30pm: U/14 + U/15 + U/17











7.30pm - 9.30pm: U/19 - Opens + Masters

Sunday 29th January 2023 – Umina SLSC – Practical/Physical Events

6.15am: Officials/Assessors/Patients meet at the club house 6.30am: Team Managers meeting / Registration at the club house

6.45am: Competitors report

7.00am: Start

SECTION C – ENTRIES

C1 ENTRY CLOSURE

Club entries must be submitted using carnival manager by **9am** on the **Wednesday prior to each event.**

C2 ENTRY REGISTRATIONS

a. **Entries may be altered by the clubs at any time up to closing date**, after which time only team changes may be made without penalty.

Team change entries (received after closing date) will be treated as Late Entries and Penalty Fees will apply.

b. Membership categories:

Active = \mathbf{A}

Reserve Active = RA

Long Service = **LS**

Life Member = **LM**

C3 ENTRY FEES

Entry fees have been established on the estimated number of competitors entering these Central Coast Championships to offset the cost of conducting the Championships.

- a. Accordingly, the cost for entry into these Championships is: **\$18.00** per competitor (irrespective of the number of events entered in each).
- b. A club's total entry fee for these Championships will be established by the number of competitors listed on the entry system multiplied by the appropriate fee.

No. of competitors @ \$18.00 each

A pro-forma invoice will be produced within SEMS.

- c. Entry fees are not refundable if members do not take part in these Championships.
- d. When all entries are processed, a **Tax Invoice** will be generated by SLSCC in accordance with the Entry Fee instructions and including any late and additional entry fees owing by a club.

C4 LATE/REPLACEMENT ENTRIES

NO late entries will be accepted to the Central Coast Championships after entry close.

C5 PENALTIES - BREACH OF ENTRY REGULATIONS

- a. It is mandatory that ALL competitors are listed in the Club's entries.
- b. Entry of competitors who are ineligible have penalties provided for as follows:
 - i. The penalty for Breach of Entry Regulations for these Championships will be the automatic rejection of those persons found to be in breach of regulations and the forfeiture of their entry fees.
 - ii. Application of the automatic penalty will not preclude further disciplinary action by Surf Life Saving Central Coast against Clubs or individuals if deemed appropriate.



CHECK LIST

The following has been designed to assist the Club Officer to complete the necessary entry forms for members wishing to compete at the 2022/2023 Surf Life Saving Central Coast Patrol Competition, Champion Lifesaver or First Aid Championship.

- 1. Ensure that the following information contained in this Circular has been read thoroughly and the conditions relevant to entries adhered to.
- 2. Entries have been entered using SEMS by 9am the Wednesday prior to the event.
- 3. Ensure Competition Official Registrations are entered via online registration sent out by the Branch Office by the closing date (at the correct ratio).

NOTE: Officials, Assessors and Patients do not pay an entry fee.

