

Audience: Clubs, Competitors, Coaches, Team Managers and Parents

Date: Thursday 5th January 2023

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Summary

This memo outlines the final information relating to the Newcastle Permanent Ironperson – Round 2 being held at Avoca SLSC on Saturday the 7th January 2023.

Future Event Information

All future event information will be posted in the "event page" for "Newcastle Permanent Ironperson – Round 2 – Avoca SLSC" on the "Surf Life Saving Central Coast" Facebook page.

Competition Summary

- Competitor Sign in commences: 7:00am ALL COMPETITORS TO REPORT TO THE LIVE HEATS DESK.
- Wristbands will be issued to anyone without one and anyone from a non-SLSCC club who has purchased one.
- Officials/Water Safety Check In 7:30am
- Marshalling Report Time: 7:45am
- Competition Commencement: 8:00am
- All events are subject to change at the discretion of the referee.

Live Heats

As previously advised, Live Heats will be in operation at this carnival. Key Live heats information is listed below:

- Competitors are to bring their previously issued wristbands on the day.
- All competitors without a wristband will be allocated or need to purchase a wristband on the
 day at the Live Heats sign on desk located undercover at Avoca Beach SLSC. Competitors
 who have been issued a wristband previously, will be required to purchase a wristband for
 \$5.00 from the sign on desk. EFTPOS is the only payment option.
- NO WRISTBAND = NO COMPETITION.
- The sign on desk will be open from 7am to 9am. ALL COMPETITORS ARE TO CHECK IN AT THE DESK UPON ARRIVAL.
- Clubs will be invoiced for the first issued wristband for each competitor for the 2022/23 Surf Sports season.
- Non-SLSCC competitors will have purchased a wristband via their online registration to be issued on the day or bring their previously issued wristband.
- Wristbands are to be warn for the duration of the event.
- Each wristband is allocated to the individual competitor.

T: 02 4353 0299

A: 7/4 Teamster Close, Tuggerah, 2259

ABN: 67 048 543 118









• Wristbands will be scanned using mobile phones operated by our SLSCC officials for each competitor at both the commencement (marshalling) and conclusion (resulting) of a race.

Results

All draws and results will be posted live at:

https://liveheats.com/ - Search for our organisation: "SLSNSW Central Coast"

Then select: "Newcastle Permanent Ironperson – Round 2"

Key Positions

Referee - Greg Bolton

SEMC - Simon Cusack

Avoca Beach Club Coordinator - Garth Hunter

Officials Coordinator - TBC

Officials

Registered officials are to report to the official sign on area within the surf club before 7:30am.

Water Safety

Water safety are to report to the official sign on area within the surf club prior to 7:30am. A water safety briefing will be done prior to the commencement of the event. Listen for announcements.

Behaviour and Misconduct

- Misconduct before, during and after the event will not be tolerated. Offending members risk disciplinary action against themselves and their Clubs.
- Please refer to Surf Sports Manual sections 2.26 SLSA Code of Behaviour and 2.27
 Abuse/Inappropriate Behaviour and the Policy 6.5 Member Protection Policy (available online at Members Portal > Library > Governance > Policy > SLSA > Policy 6.5)

Event Program

8:00am Start

U10 Female Beach Run (approx. 800m)

U10 Female Surf Race

U10 Female Board Race

U10 Male Beach Run (approx. 800m)

U10 Male Surf Race

U10 Male Board Race

U11 Female Beach Run (approx. 800m)

U11 Female Surf Race

U11 Female Board Race

U11 Male Beach Run (approx. 800m)

U11 Male Surf Race

U11 Male Board Race



U12 Female Beach Run (approx. 800m)

U12 Female Surf Race

U12 Female Board Race

U12 Male Beach Run (approx. 800m)

U12 Male Surf Race

U12 Male Board Race

U13 Female Beach Run (approx. 800m)

U13 Female Surf Race

U13 Female Board Race

U13 Male Beach Run (approx. 800m)

U13 Male Surf Race

U13 Male Board Race

U14 Female Beach Run (approx. 800m)

U14 Female Surf Race

U14 Female Board Race

U14 Male Beach Run (approx. 800m)

U14 Male Surf Race

U14 Male Board Race

U15 Female Beach Run (approx. 800m)

U15 Female Surf Race

U15 Female Board Race

U15 Male Beach Run (approx. 800m)

U15 Male Surf Race

U15 Male Board Race

*Order is subject to change according to conditions.

Event Outline - Specialist

This round is a 3 race format.

Race 1 = Run

Race 2 = Swim

Race 3 = Board

There is 3 minutes rest between each discipline from the time the winner crosses the line.

Competitors will receive points for each separate discipline.

Points will be scored as follows:

 $1^{st} = 10 \text{ points}$

 $2^{nd} = 9$ points

 $3^{rd} = 8$ points

 $4^{th} = 7 \text{ points}$











 $5^{th} = 6$ points $6^{th} = 5$ points $7^{th} = 4$ points $8^{th} = 3$ points $9^{th} = 2$ points $10^{th} = 1$ point

The winner will be the competitor who accumulates the highest amount of points across the 3 races.

Officials and Water Safety Ratios

Ratios for officials have been altered down due to only one water area in operation.

Club	Water Safety	Officials
Avoca	3	1
Cooks Hill	0	1
The Lakes	2	1
Macmasters	0	0
Manly	2	1
North Avoca	2	1
North Steyne	1	1
North Entrance	1	1
Shelly	0	1
Soldiers	0	0
Swansea Belmont	2	1
Terrigal	2	2
Toowoon	0	0
Umina	3	1
Wamberal	2	1

Water Safety and Officials are to sign up prior to 5:00pm on Friday the 6th of January 2023.

Link: https://form.jotform.com/230037776821861







