

Audience: Clubs, Competitors, Coaches, Team Managers and Parents

Date: Thursday 2nd February 2023

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Summary

This memo outlines the final information relating to the Newcastle Permanent Ironperson – Round 3 being held at The Lakes SLSC on Saturday the 4th Feb 2023.

Future Event Information

All future event information will be posted in the "event page" for "Newcastle Permanent Ironperson – Round 3 – The Lakes SLSC" on the "Surf Life Saving Central Coast" Facebook page.

Competition Summary

- Competitor Sign in commences: 7:00am COMPETITORS WHO HAVE RECEIVED THEIR IRONPERSON TRUCKER CAP AND HAVE A LIVE HEATS WRIST BAND CAN PROCEED STRAIGHT TO THE COMPETITION AREA.
- Wristbands will be issued to anyone without one and anyone from a non-SLSCC club who has purchased one.
- Officials/Water Safety Check In 7:30am
- Marshalling Report Time: 7:45am
- Competition Commencement: 8:00am
- All events are subject to change at the discretion of the referee.

Live Heats

As previously advised, Live Heats will be in operation at this carnival. Key Live heats information is listed below:

- Competitors are to bring their previously issued wristbands on the day.
- All competitors without a wristband will be allocated or need to purchase a wristband on the
 day at the Live Heats sign on desk located undercover at Avoca Beach SLSC. Competitors
 who have been issued a wristband previously, will be required to purchase a wristband for
 \$5.00 from the sign on desk. EFTPOS is the only payment option.
- NO WRISTBAND = NO COMPETITION.
- The sign on desk will be open from 7am to 9am. ALL COMPETITORS ARE TO CHECK IN AT THE DESK UPON ARRIVAL.
- Clubs will be invoiced for the first issued wristband for each competitor for the 2022/23 Surf Sports season.
- Non-SLSCC competitors will have purchased a wristband via their online registration to be issued on the day or bring their previously issued wristband.
- Wristbands are to be warn for the duration of the event.

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A: 7/4 Teamster Close, Tuggerah, 2259

ABN: 67 048 543 118









- Each wristband is allocated to the individual competitor.
- Wristbands will be scanned using mobile phones operated by our SLSCC officials for each competitor at both the commencement (marshalling) and conclusion (resulting) of a race.

Results

All draws and results will be posted live at:

https://liveheats.com/ - Search for our organisation: "SLSNSW Central Coast"

Then select: "Newcastle Permanent Ironperson – Round 3"

Key Positions

Referee - Greg Boulton

SEMC - TBC

The Lakes SLSC Rep - Lauren Goldie

Officials

Registered officials are to report to the official sign on area within the surf club before 7:30am.

Water Safety

Water safety are to report to the official sign on area within the surf club prior to 7:30am. A water safety briefing will be done prior to the commencement of the event. Listen for announcements.

Behaviour and Misconduct

- Misconduct before, during and after the event will not be tolerated. Offending members risk disciplinary action against themselves and their Clubs.
- Please refer to Surf Sports Manual sections 2.26 SLSA Code of Behaviour and 2.27
 Abuse/Inappropriate Behaviour and the Policy 6.5 Member Protection Policy (available online at Members Portal > Library > Governance > Policy > SLSA > Policy 6.5)

Event Program

8:00am Start

U10 Female Iron

U10 Male Iron

U11 Female Iron

U11 Male Iron

U12 Female Iron

U12 Male Iron

U13 Female Iron

U13 Male Iron

U14 Female Iron

U14 Male Iron

U15 Female Iron

U15 Male Iron



*Order is subject to change according to conditions.

Event Outline - Traditional

A traditional ironperson format consisting of a board, swim and transition run.

Competitors will receive series points for their position in the event.

Points will be scored as follows:

 $1^{st} = 10 \text{ points}$

 $2^{nd} = 9$ points

 $3^{rd} = 8 \text{ points}$

 $4^{th} = 7 \text{ points}$

 $5^{th} = 6 \text{ points}$

 $6^{th} = 5 \text{ points}$

 $7^{th} = 4 \text{ points}$

 $8^{th} = 3 \text{ points}$

 $9^{th} = 2 points$

 $10^{th} = 1$ point

Presentation

The presentation for the series will occur shortly after the final event on the program. The presentation will likely be held on the grass are in between the club and sand.

There will also be a random draw for spot prizes.

Officials and Water Safety Ratios

Ratios for officials have been altered down due to only one water area in operation.

Club	Water Safety	Officials
Avoca	3	1
Cooks Hill	0	1
The Lakes	0	1
Macmasters	0	0
Manly	2	1
North Avoca	2	1
North Steyne	1	1
North Entrance	1	1
Shelly	0	1
Soldiers	0	0
Swansea Belmont	2	1
Terrigal	2	2
Toowoon	0	0
Umina	3	1
Wamberal	2	1

Water Safety and Officials are to sign up prior to 5:00pm on Friday the 3rd of February.

Link: https://form.jotform.com/230317878508867

