



# Circular 1569

## 2023 Pool Rescue Development Clinic

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**Audience:** Club Presidents, Office Administrators, Member Service Coordinators, Directors of Surf Sports, Junior Activities Chairs, Interested members

**Date:** Friday 23rd June 2023

**Contact:** Michael Hyslop

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<b>Summary</b>	<p>Information regarding the <b>2023 Pool Rescue Development Clinic at Mingara Leisure Centre on Sunday the 16<sup>th</sup> July from 9:30am to 11:30am.</b></p> <p>The minimum age for the clinic is U11 competition age group from the 2022/23 season.</p> <p><b>Registrations open on Monday the 26<sup>th</sup> of June 2023 at 9:00am.</b> <b>The program has a cap of 60 participants.</b></p>
<b>Action</b>	<p>Members interested in attending the clinic are to <b>self-enter</b> by using the link below.</p> <p>Athlete: <a href="#">Athlete Registration</a></p> <p>Coaches: <a href="#">Coach Registration</a></p>

The Pool Rescue Development Program provides interested members with the opportunity to introduce and develop their skills in pool rescue events. The program caters for Surf Life Saving members who are interested or want to develop their skills in pool rescue as an athlete or as a coach.

This season the program will be held on **Sunday 16th July 2023 from 9:30am to 11:30am and is limited to 60 athletes plus coaches.** The minimum age for the clinic is U11 competition age group from the 2022/23 season.

Experienced Central Coast coaches, senior competitors and trainee coaches will deliver the program. Each coach will deliver skill specific activities catering for each age group and ability in the program.

Coaches of all levels interested in coaching pool rescue are welcome to attend the clinic. The clinic Coaches are encouraged to apply via the link below.

The clinic will focus on all required skills for pool rescue events including:

- Obstacles
- Patient and Manikin Towing

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**A:** 7/4 Teamster Close, Tuggerah, 2259

**ABN:** 67 048 543 118

- Manikin Carry
- Brick Carry
- Line Throw
- Starting Skills
- Relay Change overs

There is **no cost** for the program apart from pool entry which is paid for at the front desk on the day of the clinic. Spectator fees will also be charged:

<https://www.mingara.com.au/aquatics/prices-timetable/>

### Registration Links

Registration opens on Monday the 26<sup>th</sup> of June 2023 at 9:00am. Registration closes when the 60 participant limit has been reached or on Monday the 10<sup>th</sup> of July at 9am.

Athletes: [Athlete Registration](#)

Coaches: [Coach Registration](#)

### Final Clinic Information

Final information on the clinic will be circulated via email on Monday the 10<sup>th</sup> of July 2023.

**For more information or if you have any questions – please contact Michael Hyslop at [admin@slscc.com.au](mailto:admin@slscc.com.au) or 0466691090.**