

## SLSCC Masters Carnival - Copacabana

18th of November 2023

7:00am	Competitor Sign on Commences		
8:00am	2km Beach Runs - 30-39 yrs, 40-49 yrs, 50-59 yrs - Male and Female		
	1km Beach Runs - 60-69 yrs, 70+ yrs - Male and Female		
Approx 8:15am to 8:30am	Flag	Sprint Track	
After Beach Runs	30-39yrs Female Flags	30-39yrs Male Sprint	
	40-49yrs Female Flags	40-49yrs Male Sprint	
	50-59yrs Female Flags	50-59yrs Male Sprint	
	60-69yrs Female Flags	60-69yrs Male Sprint	
	70+ Female Flags	70+ Male Sprint	
	30-39yrs Male Flags	30-39yrs Female Sprint	
	40-49yrs Male Flags	40-49yrs Female Sprint	
	50-59yrs Male Flags	50-59yrs Female Sprint	
	60-69yrs Male Flags	60-69yrs Female Sprint	
	70+ Male Flags	70+ Female Sprint	
	140yrs Male Beach Relay	140yrs Female Beach Relay	
	170yrs Male Beach Relay	170yrs Female Beach Relay	
	200yrs Male Beach Relay	200yrs Female Beach Relay	
	230yrs Male Beach Relay	230yrs Female Beach Relay	
After Sand Events	Water Area 1 (Female)	Water Area 2 (Male)	
	30-39,40-49,50-59,60-69, 70+ Female Surf Race	30-39,40-49,50-59,60-69, 70+ Male Surf Race	
	110yrs, 130yrs, 150yrs, 170yrs Female Surf Team	110yrs, 130yrs, 150yrs, 170yrs Male Surf Team	
	30-39,40-49,50-59,60-69, 70+ Female Board Race	30-39,40-49,50-59,60-69, 70+ Male Board Race	
	110yrs, 130yrs, 150yrs, 170yrs Female Board Relay	110yrs, 130yrs, 150yrs, 170yrs Male Board Relay	
	30-39,40-49,50-59,60-69, 70+ Female Single Ski Race	30-39,40-49,50-59,60-69, 70+ Male Single Ski Race	
	110yrs, 130yrs, 150yrs, 170yrs Female Single Ski Relay	110yrs, 130yrs, 150yrs, 170yrs Male Single Ski Relay	
	30-39,40-49,50-59,60-69, 70+ Female Iron	30-39,40-49,50-59,60-69, 70+ Male Iron	
	30-39,40-49,50-59,60-69, 70+ Female Board Rescue	30-39,40-49,50-59,60-69, 70+ Male Board Rescue	
	110yrs, 130yrs, 150yrs, 170yrs 3 Person Female Taplin	110yrs, 130yrs, 150yrs, 170yrs 3 Person Male Taplin	
	30-39,40-49,50-59,60-69, 70+ Female Double Ski	30-39,40-49,50-59,60-69, 70+ Male Double Ski	
<b>NOTE : All events are subject to change due to conditions on the day at the discretion of the Carnival and Sectional Referees.</b>			
Competitors are allowed to compete up a maximum of one age for team events.			