

**Audience:** Clubs, Competitors, Coaches, Team Managers and Parents

Date: Thursday 23rd November 2022

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Summary

This memo outlines the final information relating to the Nipper Teams Carnival being held at

Avoca on Sunday 26th November 2023.

## **Competition Summary**

 R and R: 7:00am March Past: 7:45am All Age Relay: 8:00am

• Main Carnival - Marshalling Report Time: 8:30am

Competition Commencement: 8:45am

• All events are subject to change.

### Live Heats

As previously advised, Live Heats will NOT be in operation at this carnival.

# Composite Teams

Composite teams are only allowed if a club doesn't have sufficient competitors entered into the carnival to form a team.

Competitors wishing to compete in composite teams are to report to marshalling for each event where SLSCC officials will form composite teams.

Composite teams will NOT receive points for their clubs.

#### Medals

Medals will be awarded at this carnival. Composite teams will be eligible for medals.

Medals will be awarded immediately post-race directly to competitors in the competition area.

# **Key Positions**

Referee - Craig Shepard

**SEMC** - Ken Sellers

Surf Sports Director - Emma Benson

T: 02 4353 0299

A: 7/4 Teamster Close, Tuggerah, 2259

ABN: 67 048 543 118









### **Behaviour and Misconduct**

- Misconduct before, during and after the event will not be tolerated. Offending members risk disciplinary action against themselves and their Clubs.
- Please refer to Surf Sports Manual sections 2.26 SLSA Code of Behaviour and 2.27
   Abuse/Inappropriate Behaviour and the Policy 6.5 Member Protection Policy (available online at Members Portal > Library > Governance > Policy > SLSA > Policy 6.5)

### **Event Program**

Carnival Programs - Surf Life Saving Central Coast (slscc.com.au)

## Officials and Water Safety Ratio

Club Name	Competitors (ALL)	Competitors minus U8's	Water Safety	Officials	Parent Helpers
Avoca	158	122	(UNDER 8)	4	2
Copacabana	60	44	5	3	1
MacMasters	45	32	4	2	1
North Avoca	79	61	7	4	2
Ocean Beach	44	28	3	2	1
North Entrance	6	0	0	0	0
Shelly Beach	35	29	3	2	1
The Lakes	27	19	2	2	0
Umina	83	53	6	4	1
Wamberal	48	40	4	3	1
Terrigal	80	69	7	4	2
Toowoon Bay	28	20	2	2	0

All officials/water safety please BYO your own drink bottle as there will be refill stations available.

Officials and water safety need to register via the following links:

Water Safety - Sign Up - 26th November 2023 - Nipper Teams (jotform.com)

Officials - Sign Up - 26th November 2023 - Nipper Teams (jotform.com)



### **Event Explanations and Rules**

### All Age Relays

U9 to U14 All Age Board and sprint relays will be contested to open the carnival.

Teams consist of 6 competitors with 1 competitor per age group.

There are no gender restrictions on the event. Teams can consist of all female or all male competitors.

All Age Board Relay will be running in order of youngest to oldest competitor.

There is no restriction of order on the All-Age Sprint Relay.

Competitors can compete up a maximum of 1 age group in the All-Age Relays. In the all age board, competitors competing up an age group can't change craft. E.g. a U10 foamie competitor can't ride a fibreglass nipper board as an U11 competitor.

### **Surf Relay**

2 competitors per team.

1 'swimmer' completes the course, runs up to the changeover area and tags 2nd 'swimmer' who completes the course.

### **Board Relay**

3 competitors per team.

Traditional 3-person board relay.

### **Brace Relay**

2 competitors per team.

1 x swimmer and 1 x board paddler.

1 'swimmer competes the course, runs up to the changeover area and tags the 'board paddler' who completes the course.

#### **Board Rescue Relay**

4 times competitors per team. 2 x swimmers and 2 x board paddlers.

2 competitors complete full board rescue course. Competitor 1 swims to can, raises arm. 2nd competitor's paddles board out to "rescue" competitor 1. Competitor 1 and 2 return to shore on the board together.

When competitors 1 and 2 cross the line, competitors 3 and 4 complete the above process.

### Sprint Relay – Single Gender

Traditional 4-person sprint relay.

#### Sprint Relay – Mixed

Traditional 4-person sprint relay with 2 male and 2 female competitors.

2 x 1km and 2 x 500m Sprint Relays

2 competitors per team.

1 x competitor completes course, tags 2nd competitor who completes course.

