



# SLSCC Branch Pool Lifesaving Championships

19<sup>th</sup> May 2024 – 9:00am – Mingara Aquatic Leisure Centre

Event Numbers		Gender		Event	Team Managers	Age Group	Classification
1	2	M	F	200m Obstacles	200 Free	U14 - Opens	All Ages
1A	2A	M	F	200m Obstacles	200 Free	Masters	All Ages
3	4	M	F	100m Obstacles	100 Free	U12 – U13	All Ages
5	6	M	F	50m Obstacles	100 Free	U11	
7	8	M	F	4x 50m Obstacle Relay	Free Relay	U14 - U15 & U17 - Open	Combined Age groups
9		Mixed		4 x 50m Obstacle Relay	Free Relay	U11 - U13	Combined Age groups
10	11	M	F	12.5m Line Throw	25 Free	U14 - Masters	All Ages
12	13	M	F	10m Line Throw	25 Free	U11 – U13	All Ages
14		Mixed		4x 25m Brick Relay	Back Relay	U11 – U13	Combined Age groups
15	16	M	F	4x 25m Manikin Relay	Back Relay	U14 - U15 & U17 - Open	Combined Age groups
17		Mixed		4 x 50m Medley Relay	200 Medley	U11 - U13	Combined Age groups
18	19	M	F	4x 50m Medley Relay	200 Medley	U14/15 & U/17 - Open	Combined Age groups
20	21	M	F	100m Patient Tow Relay	25 Breast	U11 & U12 & U13	All Ages
22	23	M	F	100m Carry	100 Back	U15 – Open	All Ages
22A	23A	M	F	100m Carry	100 Back	Masters	All Ages
24	25	M	F	50m Brick Carry	50 Back	U11 – U13	All Ages
26	27	M	F	50m Carry	50 back	U/14	All Ages
28	29	M	F	50m Carry	50 Back	U15 - Open	All Ages
28A	29A	M	F	50m Carry	50 Back	Masters	All Ages
30	31	M	F	100m Tow	100 Breast	U14 – Open	All Ages
30A	31A	M	F	100m Tow	100 Breast	Masters	All Ages
If time permits							
32	33	M	F	200 Super Lifesaver	200 Fly	U/17 - Open	All Ages
34	35	M	F	100 Rescue Medley	100 Medley	U/17 - Open	All Ages



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## Definitions

**All Ages** - Signifies that these results will be separated by age group & medals awarded in each age group.

**Mixed Age Relays** - In relays, ages will be combined together i.e 12/13, 14/15 and 19/Open/ Masters. Competitors may only race in their own age group relay. Exception is a U/17 competitor may race in an Open relay if they are not part of an U/17 relay team.

**Combined age group** - These event will only be contested as mixed age groups i.e 12/13 are combined, 14/15s are combined and 19/Open/ Masters are combined.

**Masters** - Refers to all Master age groups as defined by the general rules of this carnival. Master relays teams will compete in the Open Relay event